

Tuberculosis Learning Activity



Ping Pong Game

TB Fact: TB spreads through the air.

Purpose: This activity is a fun game to attract the attention of youth while demonstrating how TB can be propelled from the lungs into the air.

Key messages:

- The TB germ passes from person to person in the air.
- When a person breathes TB into the air, another person can become infected when they breathe it in.

Preparation:

- Clean a table large enough for all participants to gather around
- (optional) Use tape to mark an equal amount of space on the table for each participant

Supplies:

- 2-3 Ping Pong balls
- Drinking straws (one for each participant plus extras)
- (optional) Masking tape

Description of activity:

- Bring the group around a table (they can be standing or sitting)
- Hand out straws to all participants
- Each participant claims a section of the table edge (can be marked off using tape)
- Put a ping pong ball with 'TB' written on it in the middle of the table
- When the facilitator yells 'Start' or equivalent, participants blow at the ball through straws in an attempt to blow it off the table
- If ball is blown off the table, the participant that owns that section leaves the table. The people of each side of the table are responsible for covering the empty section
- Continue until only one person is left
- Multiple balls can be added to the game to make it more challenging

Teaching Points: During and after the activity, discuss and reinforce how TB spreads from one person to another through the air.

Time: At least 15 minutes (Kids love this game and could play for hours)

For additional learning activities and more information about the Taima TB projects, see:

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