

Tuberculosis Learning Activity



How Can I Tell?

TB Fact: People who are sick with active TB disease can have chronic cough, weight loss, night sweats or fever

Purpose: This activity teaches the youth how to recognize the symptoms of active TB disease and what to do if they see these symptoms in themselves or others.

Key messages:

- The main symptoms of active TB disease are chronic cough, weight loss, night, or fever
- Anyone can learn to recognize when someone might have TB
- Anyone who recognizes the symptoms of TB should go to their health centre or public health clinic for an assessment by a nurse

Supplies:

- Ipads (one per 3 participants) with video editing apps (suggest: iMovie)
- (optional) Random props to encourage participants to be creative (ex. stuffed animals, rubber chickens, pool noodles ...)

Alternate Activity:

- Drawing supplies (poster paper, coloured markers or pencils)

Description of the activity: Participants split into groups (one group for each Ipad). They are to put together a brief video sequence of no longer than 6 shots that demonstrate the symptoms of active TB disease and information about where they can get tested for TB. Facilitators will likely need to help groups with get started on ideas, planning the shots in advance, and editing the shots into a sequence.

Alternate activity: Instead of a video, youth could make a poster, put together a skit, or write a radio commercial.

Time: 20-30 minutes